FASCIAL MANIPULATION®

Program 6 day Course Level I

Day 1

08.30 - 9.00	Welcome and Introduction to Course	Presentation
9.00 - 9.45	Basic Principles of Fascial Manipulation ©: fascial layers and continuity, histology, innervation	Theory
9.45 - 10.00	Break	
10.00 - 11.15	Basic Principles of Fascial Manipulation (cont) Glossary of terms used in Fascial Manipulation©.	Theory
11.15 - 13.00	Sequence of antemotion: upper limb Presentation, demonstration of centres of coordination, movement tests, position of treatment,	Theory/Demo
13.00 - 14.00	Lunch	
14.00 - 16.00	Sequence of antemotion : head and trunk	Theory/Demo /Pratical
16.00 - 16.15	Break	
16.15 - 18.00	Sequence of antemotion: lower limb	Theory/Demo Practical

Day 2

08.30 - 9.30	Anatomy of the myofascial unit and mf sequences.	Theory
9.30 - 11.00	Sequence of retromotion: head and trunk	Theory/Demo/Practical
11.00 - 11.15	Break	
11.15 - 13.00	Sequence of retromotion: upper limb	Theory/Demo/Practical
13.00 - 14.00	Lunch	
14.00 - 14.45	Manipulation of the Fascia - Treatment	Theory
14.45 - 16.00	Sequence of retromotion: lower limb	Theory Demo
16.00 - 16.15	Break	
16.15 - 18.00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment. Questions	Demonstration and discussion

Day 3

8.30 - 10.00	The Assessment Chart for Fascial Manipulation (from anamnesis to hypothesis – abbreviations; from hypothesis to treatment – procedure, verification)	Theory
10.00 - 10.45	Sequence of lateromotion: upper limb	Theory/ Demo
10.45 - 11.00	Break	
11.00 - 11.45	Sequence of lateromotion: upper limb	Practical
11.45 - 13.00	Sequences of lateromotion: lower limb	Theory / Demo
13.00 -14.00	Lunch	
14.00 -14.45	Sequences of lateromotion: lower limb	Practical
14.45 -15.30	Sequence of lateromotion: head and trunk	Theory / Demo
15.30 -16.00	Sequence of lateromotion : head and trunk	Demo/Practical
16.00 - 16.15	Break	
16.15 - 18.00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment. Questions	Demonstration and discussion

Day 4

8.30 - 9.15	Manipulation of the Fascia - Treatment	Theory
9.15 - 10.30	Sequence of mediomotion: upper limb	Theory/Demo/Practical
10.30 - 10.45	Break	
10.45 -12.00	Sequences of mediomotion: head and trunk	Theory/Practical
12.00 - 13.00	Sequence of mediomotion: lower limb	Theory/Demo/ Practical
13.00 - 14.00	Lunch	
14.00 - 15.30	Sequences of extrarotation: upper limb	Theory /Demo Practical
15.30 - 15.45	Break	
15.45 -17.15	Sequence extrarotation : head and trunk	Theory/Demo /Practice
17.15 - 18.00	Sequences of extrarotation: lower limb	Theory /Demo

Day 5

8.30 - 9.15	Sequence of extrarotation: lower limb	Practical
9.15 - 10.45	Sequence of intrarotation: upper limb	Theory/Demo/Practical
10.45 - 11.0	Break	
11.00 -13.00	Sequence of intrarotation: head and trunk	Theory /Demo/Practical
13.00 - 14.00	Lunch	
14.00 - 15.30	Sequence of intrarotation: lower limb	Theory /Demo/Practical
15.30 - 15.50	Assessment Chart for Fascial Manipulation (revision)	Theory
15.50 - 16.00	Break	
16.00 - 18.00	Compilation of assessment chart by students hypothesis, movement tests, palpatory verification, and treatment	Group work

Day 6

08.30 - 9.30	Presentation and discussion of cases by students	Discussion
9.30 - 10.30	Fascial Manipulation - treatment strategies, progression of treatment, patient advice	Theory
10.30 -10.45	Break	
10.45 - 13.00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment. OR Guided case studies based on Assessment charts	Theory /Demo/Practical
13.00 - 14.00	Lunch	
14.00 - 17.00	Comparative assessment: movement and palpatory assessments of the lower limb, upper limb, head and trunk	Practical and evaluation of Palpatory skills
17.00 - 18.00	Exam and Review	

In a six day course the Basic Contents and Skills acquired can be summarized as:

Lessons or Demonstrations	**Acquired Skill or Knowledge**
Anatomy of the Fascia	An understanding of how the fascial system is formed, its interrelationships, histology, innervation in th Biomechanical Model of FM
Glossary of FM	Introduces new terminology, new method for movement analysis and explains its application
Anatomy of the MFU	Outlines the components of a MFU and the hypothesized physiology
Manipulation of the Fascia	How FM works: Principles of where it works, which target tissue, hypothesized action, manner to treat etc
Assessment Chart	How to compile an Assessment Chart that is useful for a FM treatment
Treatment strategies	How to decide which CC requires treatment and to procede in a second treatment , advise such as stay on the same plane etc.
Movement Verification and location of all CC	.....
Comparative Assessment	Ability to palpate CC of one segment comparatively
Patient Demonstrations	An overall vision of how a Therapist conducts a treatment session
Student Assessment Charts	Highlights difficulties in compiling an Assessment Chart, asking the right questions, helps to switch to FM mode which is different to preious outlook, recalls MoVe and CC locations
Exam	To verify information acquired and to comply to AMF regulations.

NOTE :Manus sapiens potens est : only a knowledgeable hand is powerful.

As a general rule where possible theory lessons are given in the morning.
This program is based on the sequential teaching of the MF sequences. It is also possible to teach in segmental manner - upper limb, head and trunk and lower limb at the discretion of the teachers.

Fascial Manipulation® course level II

LEVEL II

	FIRST DAY	
8.00am	Registration	
8.30-10.00	Presentation of cases treated by students	Theory
10.00-10.15	break	
10.15-12.30	Centres of fusion - anatomy and physiology, retinacula, diagonals, and spirals	Theory
12.30-1.30	Lunch (on your own)	
1.30-3.00	Centres of fusion - diagonals, and spirals	Theory
3.00-3.15	break	
3.15-5.00	Comparative assessment: movement and palpatory assessments of the lower limb, upper limb, head and trunk	Practical and evaluation of Palpatory skills
5.00-6.30	Mf diagonal and centres of fusion: ante-latero	Theory/Demo Practical
	SECOND DAY	
8.30-10.00	Fascia and physiology of motor control	Theory/Demo Practical
10.00-10.15	break	
10.15-12.30	Mf diagonal and centres of fusion: ante-medio	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30-3.00	Mf diagonal and centres of fusion: retro-medio	Theory/Demo Practical
3.00-3.15	break	
3.15-6.30	Treatment demostration	Theory/Demo Practical
	THIRD DAY	
8.30-10.00	Mf diagonal and centres of fusion: retro-latero	Theory/Demo Practical
10.00-10.15	break	
10.15-12.30	The global assessment chart	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30-4.00	Guided treatment session	Theory/Demo Practical
	FOURT DAY	
8.30-10.00	CFs diagonal, and spiral the rule of retinacula	Theory
10.00-10.15	break	
10.15-12.30	Comparative assessment CCs and CFs	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30. 3.00	Myofascial spirals	Practical
3.00-3.15	break	
3.15-6.30	Review assesment charts	Theory/Demo Practical
	FIFTH DAY	
8.30-10.00	Postural adaptations and the fascial system	Theory/Demo Practical
10.00-10.15	break	
10.15-12.30	Treatment demostration	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30-3.00	Guided treatment practice	Theory/Demo Practical
3.00-3.15	break	
3.15-6.30	Review CCs and CFs by area	Group work
	SIXTH DAY	

8.30-10.00	Treatment of a patient by group – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment.	Group work
10.00-10.15	break	
10.15-12.30	Treatment strategy	Theory/Demo Practical
12.30-1.30	Lunch (on your own)	
1.30. 3.00	Exam level II	Practical
3.00-4.00	Question time	Theory/Demo Practical

The program may be subject to change.

FORMATO EUROPEO PER IL CURRICULUM VITAE



INFORMAZIONI PERSONALI

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ESPERIENZA LAVORATIVA

1/6/2018 ad oggi	**DOCENTE DI MANIPOLAZIONE FASCIALE® METODO STECCO , PRESSO FASCIAL MANIPULATION INSTITUTE IN VIA CAVALIERI DI VITTORIO VENETO 19, PADOVA**
1/7/2014 ad oggi	**FISIOTERAPISTA LIBERO PROFESSIONISTA, SPECIALIZZATO IN TRATTAMENTI DI MANIPOLAZIONE FASCIALE®, PRESSO STUDIO PRIVATO**
1/5/2013 a 31/12/2017	**FISIOTERAPISTA DIPENDENTE PART-TIME PRESSO C.D.R DOMENICO SARTOR, VIA OPSEDALE 12, CASTELFRANCO VENETO, REPARTO DISABILITÀ MOTORIA**
1/1/2013 a 30/6/2014	**FISIOTERAPISTA LIBERO PROFESSIONISTA PRESSO POLIAMBULATORIO EUROPA MEDICA, VIALE EUROPA 4, BORGORICCO: RIABILITAZIONE POST-CHIRURGICA E SPORTIVA**

ISTRUZIONE E FORMAZIONE

1/11/2016 a 1/6/2018	*Percorso formativo come assistente-docente in Manipolazione Fasciale®, presso il Fascial Manipulation Institute*
1/05/2013 a 31/10/2016	Partecipazione ai corsi di I°, II°, III° livello e Master Class di Manipolazione Fasciale ® proposti dall'Associazione Manipolazione Fasciale®
25/11/2012	Conseguimento della Laurea di I° Livello in Fisioterapia, presso l'Università degli Studi di Padova.
28/7/2008	Conseguimento della Laurea Triennale in Scienze Motorie , presso l'Università degli Studi di Udine.
Luglio 2003	Conseguimento maturità scientifica presso Liceo scientifico "Le Filandiere", San Vito al Tagliamento (PN)

CAPACITÀ E COMPETENZE PERSONALI	
MADRELINGUA	**Italiana**
ALTRE LINGUA	
	INGLESE
Capacità di lettura	buono
Capacità di scrittura	buono
Capacità di espressione orale	buono
CAPACITÀ E COMPETENZE RELAZIONALI	Buone capacità a relazionarsi con il paziente e i colleghi.
CAPACITÀ E COMPETENZE ORGANIZZATIVE	Buone competenze organizzative, in particolare in ambito formativo.
CAPACITÀ E COMPETENZE TECNICHE	Buone competenze tecniche, in particolare in ambito informatico.
PATENTE O PATENTI	Patente di guida categoria B
ISCRIZIONE ALBO PROFESSIONALE	Iscritto al n. 1226 dell'albo della professione sanitaria di Fisioterapista, presso l'Ordine TSRM PSTRP di Venezia Padova, dal 10/06/2019, con delibera n. 35/2019 del 10/06/2019.

DATA: 19 APRILE 2021

Stefano Giacomini